



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2019

Sporting Excellence in Karate

National Level

Curtis Tennant

This is to certify that Curtis Tennant is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Curtis competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

Championship Success - 7 Gold 6 Silver 3 Bronze

Yorkshire Open Championships - 10th February, Barnsley

Bronze - Individual Kumite

Shindo Kai Championships - 24th March, Barnsley

Gold - Individual Kumite

Gold - Individual Kata

Gold - Pairs Kata

Silver - Team Kata

Halifax Championships - 16th June, Halifax

Gold - Individual Kata

Shindo Kai Grass Roots Championships - 30th June, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

Bronze - Pairs Kata



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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North East Open Championships - 20th October, Sunderland

Silver - Team Kata

Silver - Pairs Kata

Bronze - Team Kumite

Shindo Kai Championships - 17th November, Barnsley

Gold - Team Kumite

Silver - Individual Kumite

Silver - Individual Kata

Silver - Pairs Kata

Congratulations on your sporting achievements throughout 2019. Well done Curtis.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation

